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The delegation from U.S. Army-Pacific

75th anniversary of the Battle for Gua-

Skyline Hill at Honiara, Guadalcanal, in

Allied lives were lost during the longest campaign in the Pacific in World War II.

75th anniversary of the Battle of Guadalcanal honored

Story and photos by STAFF SGT. ARMANDO LIMON 3rd Brigade Combat Team Public Affairs 25th Infantry Division

GUADALCANAL, Solomon Islands — It had been 75 years since Soldiers from the U.S. Army stepped on the shores of Guadalcanal in the Solomon Islands during the Second World War.

More than 29,000 Soldiers fought along the shoreline, the hills and the damp, malaria-ridden jungles, where the island lies just below the equator.

The two Army divisions that fought there, the "Americal" Division and 25th Infantry Division, suffered 550 killed and 1,289 wounded during the campaign that lasted from August 1942 to February 1943.

The service members from all branches, including the Coast Guard, were honored in a ceremony for their deeds, at the U.S. Memorial Skyline Hill, which was once a battle site during the war.

Representing the Army from U.S. Army Forces Pacific was Maj. Gen. Charles Flynn, Col. Robert Ryan, Command Sgt. Maj. Alan Michaud, Sgt. 1st Class Benjamin Garcia, and Spc. Hazen D. Ham.

"Today, we remember the many Soldiers who lost their lives in the Battle of Guadalcanal, and the surrounding is-



Gen. Robert B. Neller, commandant of the Marine Corps, speaks at the U.S. Memorial Skyline Hill at Honiara, Guadalcanal, in the Solomon Islands, on Aug. 7.

lands Tulagi and Savo," said Honorable Manasseh Sogavare, the prime minister of the Solomon Islands. "These men fought with much bravery, however, in the harsh iungles of Guadalcanal."

The Honorable Catherine Gray, the U.S. Ambassador to the Solomon Islands, spoke about her father who served in the Navy aboard the USS Santa Claire in the

"He and my mother inspired me to pursue diplomacy, and to reflect on the important legacy (of) the brave men and women who fought here on Guadalcanal," said Gray. "A partnership, a legacy, and a lifetime of peace here in the Pacific and the partnership on the Solomon Islands. Not just for those here who fought as Allies, but now a partnership that now extends to those who fought here as en-

She added, "Together through diplomacy and trade, a shared knowledge of the horror, the suffering of war, we have formed a bond now built on freedom, peace and prosperity of these islands."

The commandant of the Marine Corps, Gen. Robert B. Neller, also gave remarks during the ceremony, describing the Allied effort as "truly a joint combined ef-

"Very similar to what we use today to try to maintain peace and rule of law in the world," Neller said. "I find it interesting that this whole campaign was launched from Noumea, New Caledonia, where we received great support from our French allies.

"I very much appreciated the fact that our Japanese friends are here today," he continued. "They fought with bravery and courage, also, and we honor their dead. I think what a nation must do at the end of a war is, one, welcome their veterans home, and two, memorialize and honor their sacrifices."

Wreaths were laid by the people and government of the Solomon Islands, U.S. and Allied services, families and friends, to commemorate those who gave all on this holy ground during that terrible war.

Wolfhounds continue WWII tradition, welcome children from Japan

2ND LT. JONATHAN HANSING

2nd Brigade Combat Team 25th Infantry Division

SCHOFIELD BARRACKS — Sixty years ago, honorary Sgt. Maj. Hugh O'Reilly led the 27th Infantry Regiment, "Wolfhounds," in one of the greatest displays of compassion and outreach to come out of

Spending their limited pay and even more limited spare time, the Soldiers of the Wolfhound Regiment helped the Sisters of Charity of St. Vincent de Paul in Osaka, Japan, rebuild and repair their long-suffering orphanage. Donating over \$10,400 (nearly \$90,000 in today's value), the Regiment began a long-standing tradition that endures to this day.

On July 24, four children from the orphanage - Yoshiki, Kyo, Koume and Momoka - arrived at the Honolulu International Airport and were welcomed with open arms by the Wolfhounds and the O'Reilly family. Laden with lei and greetings of "aloha," the children met their host families, who would open up their homes for the next two weeks.

The Wolfhound mascot, Kolchak XVI, and the command teams of 1st and 2nd Battalions, 27th Inf. Regt., were also present to welcome the children.

"Today, we welcome our children from Oasaka, Japan. This tradition celebrates the 60th year of our Holy Family Home children traveling to Hawaii to live with our Wolfhound family," said Lt. Col. Valent Bernat III, commander, 1-27th Inf. Bn. "The compassionate Wolfhounds of the 27th Infantry Regiment will never falter in our love and support for the Holy Family Home Orphanage," said Bernat.

Following the welcome ceremony, two



Photo by Sgt. David Beckstrom

Kyo Sato, a child from the Holy Family Home Orphanage in Osaka, Japan, places a lei at the grave of Master Sgt. Hugh O'Reilly on Schofield Barracks, July 27.

Wolfhounds - Sgts. Marvin Menafee and Ronnie Villahermosa - invited the children back to their homes to give them a glimpse into the life of an American family and experience the vibrant Hawaiian

"It was an amazing experience having Yoshiki and Kyo as members of our family for their summer visit. My kids, Prestyn and Tristyn, learned so much from them in their short time here. We were all honored to be a part of this event," said Villahermosa, 1-27th Inf. Bn. chaplain's as-

The children spent more time with the battalion on Wolfhound Day, where Mrs. Yuko O'Reilly shared the history of Holy Family Home and her family's role in the 60-year tradition. They toured the battalion headquarters before moving to the Schofield Barracks cemetery, where Sgt. Maj. O'Reilly is laid to rest.

The children, the O'Reilly family and the Wolfhounds paid their respects to the man whose selfless service led to the continued spirit of community and outreach within the 27th Inf. Regt.

The group then moved on to the Lightning obstacle course, where the Japanese children and Wolfhound families attempted many of the obstacles that Wolfhounds use during their combat physical training. They also had the opportunity to try on military-grade night vision goggles, traverse a similar indoor course with no

light and engage in "combat" with Sol-

diers of Coldsteel Company, by throwing water balloons at them.

The following day, the sponsor families and Wolfhound command team met with Mayor Kirk Caldwell at Honolulu Hale. the official seat of the City and County of Honolulu. Caldwell issued a formal proclamation graciously thanking the children and Wolfhounds for their enduring sup-

port of the Holy Family Home tradition. "During times of war, Soldiers recognize valor in combat through medals and awards, but during times of peace, we recognize honor and charity through our relationships with the people we protect," said Bernat.

(To read the rest of this story, visit www. hawaiiarmyweekly.com/2017/08/09/ wolfhounds-oreilly-family-welcome-children-from-the-holy-family-home-orphanage/.)

Nickname

The 27th Inf. Regt. earned its first nickname "the Wolfhounds" from the Siberian Bolsheviks who were impressed by their fierceness in battle. For nearly a century, this nickname has inspired the 27th Inf. Regt. through times of peace and war. However, in 1949, it was the nuns of the Holy Family Home Orphanage who amended that nickname to "the Gentle Wolfhounds" because of their contributions to the children of Ja-

For the last 60 years and into the future, it's these two names that drive the regiment to the highest of ideals of ferocity in combat and charity in



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School safety is always important

CAPT. BRADLEY TAYLOR Law Enforcement Division

Directorate of Emergency Services U.S. Army Garrison-Hawaii

WHEELER ARMY AIRFIELD — Do you hear that? That is the sound of school bells ringing as we start a new school year throughout U.S. Army Garrison-Ha-

The DES would like to remind you that school resumed on Aug. 7, so please be aware of speed limits in and around schools. As we close out a large summer permanent change of station, or PCS, season, many new faces have entered our installations. We would like to ask the community that as you acquaint yourself with crosswalks, sidewalks, gate hours, stop signs and normal traffic flow, please approach with caution.

Now is a good time for parents to make sure their kids stay safe, so the following are a few important tips:

•Never place your child's name on any piece of clothing that is visible to anyone. You do not want to make them a target for a stranger to call out to by

•Make sure your child knows his or her full name, phone number, parents' full names, address and a work or cellphone number.

•If your child is going into a new school or going to school for the first time, ask them whether there is anything that frightens or makes them uncomfortable. Share that information with the teacher.

•Check with your child's school regarding policies and procedures on emergency situations, so you are not frightened if there is a lock-down. If you know the policies and procedures, you can calmly pick up your child when it's appropriate.

The annual National Night Out crime and drug prevention event will again send messages to criminals that residents are organized and fighting back as they deepen their partnerships with law enforcement.

Schofield Barracks will host its next National Night Out on Aug. 11. The law enforcement community will be providing opportunities for kids and parents alike to acquire keiki identifications, meet McGruff the Crime Dog, climb in a military police vehicle and establish that one-on-one connection with our local law enforcement.

Current Crime Trends. Domestic crimes both with and without assault are trending upwards with 25 incidents in July. There are a number of resources through the Family Advocacy Program at (808) 655-4227, or Military OneSource at (808) 438-1781, to assist in preventing these occurrences.

Six discharged at Wheeler GCM

The 25th Infantry Division Staff Judge Advocate provided the following courts-martial.

•Aug. 4, at a general court-martial convened at Wheeler Army Airfield, Pvt. 1st Class Jose J. Olivieritorres, U.S. Army, was convicted by a military judge, pursuant to his plea, of one specification of wrongful use of marijuana in violation of Article 112a, Uniform Code of Military Justice.

The accused was acquitted by a military panel composed of officer members of one specification attempting to commit a sexual act upon a child who had attained the age of 12 years, but had not attained the age of 16 years in violation of Articles 80, UCMJ.

The members sentenced the accused to be discharged from the service with a bad conduct discharge. A pretrial agreement had no effect on the

•May 31, at a GCM convened at WAAF, Spc. Preston J. Gachelin, U.S. Army, was convicted by a military judge, pursuant to his pleas, of one charge, one specification, of failure to obey a lawful order in violation of Art. 92, UCMJ; one charge, five specifications, of assault consummated by a battery in violation of Art. 128, UCMJ; and one charge, one specification, of obstruction of in violation of Art. 134,

The military judge sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for 14 months, and to be discharged from the service with a bad conduct discharge.

•May 25, at a GCM convened at WAAF, Spc. Kelvin D. Smothers, U.S. Army, was convicted by a military judge, contrary to his pleas, of two specifications of assault in violation of Art. 128, UCMJ.

The military judge sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for five months, and to be discharged from the service with a bad conduct discharge.

•May 9, at a GCM convened at WAAF, Spc. Clayton D. Neese, U.S. Army, was convicted by a military judge, pursuant to his pleas, of two



Why does the Hawaii Army Weekly publish courts-martial findings?



The Office of the Staff Judge Advocate releases

the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

specifications of assault consummated by battery, in violation of Art. 128,

The military judge sentenced the accused to be reduced to the grade of E-1, to be confined for eight months, and to be discharged from the service with a bad conduct discharge. •May 9, at a GCM convened at

WAAF, Pvt. (E2) Lyndon T. Walker, U.S. Army, was convicted by a military judge, pursuant to his plea, of one specification of possession of child pornography, in violation of Art. 134, UCMJ.

The military judge sentenced the accused to be reduced to the grade of E-1, to be confined for 13 months, and to be discharged from the service with a bad conduct discharge.

•May 3, at a GCM convened at WAAF, Spc. Rohan H. Green, U.S. Army, was convicted by a military judge, pursuant to his pleas, of one specification of attempted escape from the custody of the Criminal Investigation Division, or CID, in violation of Art. 80, UCMJ; one specification of damage to government property, in violation of Art. 108, UCMJ; and two specifications of distribution of a controlled substance, in violation of Art. 112a, UCMJ.

Contrary to his plea, the accused was convicted by a panel of officers and enlisted members of one specification of rape, in violation of Art. 120,

The panel of officers and enlisted members sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for 10 years, and to be discharged from the service with a dishonorable dis-

Antiterrorism focuses on homegrown threats

Story and photo by NATHAN PFAU Army News Service

FORT RUCKER, Alabama — As forces around the globe continue to combat terrorism, Army officials want to ensure that Soldiers and citizens know what it means to be vigilant.

August is Antiterrorism Awareness Month, and this year's observance is focused on homegrown violent extremism, of which there has been an uptick in recent years, according to Cory Greenawalt, Fort Rucker antiterrorism analyst.

"There is a lot of activity and things happening (overseas) that is driving things that are going on here in the U.S. with (law enforcement agencies), and we're all still saying the same thing - see something, say something," he said. "But one of the big things that we are looking out for is radicalization and homegrown violent extremism.

"ISIS is still very prevalent on the Internet, and people need to be vigilant about (operational security) when venturing online," he said. "OPSEC and (antiterrorism) go hand in hand, especially where social media is concerned. Social media can be a breeding ground for bad things to happen."

Although Greenawalt said social media isn't bad per se, it's when young, impressionable minds are able to be reached out to through the medium that it becomes a problem. But it's not just traditional social media platforms, like Facebook and Twitter, that are the targets of terrorist groups, but gaming platforms, as well.

"It's spilling over into game play through (computer gaming and console gaming)," said the antiterrorism analyst. "We're seeing conversations going on in chat rooms on video games, so it's very entrenched and in depth. It's something that parents and Soldiers need to be aware of because it's out



Carlos Whitehead, Fort Rucker community police officer, and Sgt. Michael Adams, 6th Military Police Detachment, advance on a suspect during a scenario for the installation's recent

It's because of the depth of reach that these organizations have that Greenawalt said it falls on parents to make sure they know who their children are talking to and what they're talking about. The best way to do that is through conversation.

Bring them back to the dinner table and ask them who they're talking to online and things like that. Let them know they need to be aware of these things," he said.

"One of the things that I've learned over the last 28 years is that terrorism will find a way. It's prolific," Greenawalt said. "(Terrorists') tactics, techniques and procedures change, as ours do. That's why we need to people to remain vigilant."

The main way people can remain vigilant is by utilizing the iWatch Army program, which is an antiterrorism program that focuses on encouraging Army-wide communi-

ty awareness and outreach efforts to address important topics related to protecting those communities, said the antiterrorism analyst.

If people see something, they should say something, he said.

Points of Contact

To report suspicious activity, call these numbers:

-Antiterrorism/Force Protection, 656-6734

-Physical Security, 656-6671.

-Use 9-1-1 only for emergency

situations.

iWatch

To access the iWatch Army website, you may visit www.myarmyonesource. com/familyprogramsandservices/ iwatchprogram/default.aspx.

Because August is Women's Health Month, we wondered, How do you support the women in your life?

"Encourage

By Tripler Army Medical Center Public Affairs



one another by making healthy choices."

"We support

Sgt. 1st Class Jonathan Colon Behavioral Health Department



"We motivate each other to live clean lifestyles. We're each other's workout partner and nutritionist."

Sgt. 1st Class Matthew Endreson Behavioral Health Department TAMC



drive them to gym classes and provide them with healthy meals."

Phouthasone Padavong Orthopedic Brace Shop



them to live a healthy lifestyle through diet and exercise. The greatest wealth is health."

Tavina A. Tauro Veterans Affairs Department TAMC



healthy food and reminding them to make healthy decisions."

"By helping

Thomas Chief clinical sergeant major of Operations TAMC

USARPAC welcomes incoming chief of staff be back in Hawaii where he cut his teeth senior leader in our Army. It is both privilege and an honor to serve with y

CHRISTOPHER MCCULLOUGH U.S. Army-Pacific Public Affairs

FORT SHAFTER - Brig. Gen. Ronald P. Clark, incoming chief of staff, U.S. Army-Pacific, was honored during a Flying "V" ceremony held at historic Palm Circle, here, Aug. 2.

The Flying "V" ceremony traditionally welcomes or honors senior Army officials when they assume duties or depart from USARPAC. The "V" refers to the way the organizational colors are posted during the ceremony, which is V-shaped.

Clark joined USARPAC following his assignment as deputy chief of staff-Operations for the NATO Allied Rapid Reaction Corps. Prior assignments include a rotation as the Army's deputy director of Strategy, Plans and Policy in the Pentagon, and a tour of duty as deputy commanding general-Support with the 82nd Airborne at Fort Bragg, North Carolina, and Iraq during Operation Inherent Resolve.

The USARPAC commanding general, Gen. Robert B. Brown, officiated the ceremony and addressed Clark's importance to the USARPAC mission and the impact he expects him to have on the command.

"There's a lot of things going on, and we're very lucky to have a chief of staff who will guide us through these tough areas," said Brown. "So, we're very fortunate to have Ron. ... With his great operational



Photos by Staff Sgt. Justin Silvers, U.S. Army-Pacific Public Affairs

Gen. Robert B. Brown (left), commanding general of USARPAC, and Brig. Gen. Ronald P. Clark, incoming USARPAC chief of staff, salute the U.S. flag during a Flying "V" ceremony Aug. 2 at Palm Circle.

experience and background, he'll be a tremendous chief of staff. No question, (he'll) take us to the next level; I'm certain of that"

Clark expressed how it great it was to

as a young company grade officer.

"I've learned a lot (since then) and hope to contribute some of that back to the USARPAC team. (It's) a great honor to serve under (Gen.) Brown. ... (I give) thanks to him and other members of the command group," said Clark.

Clark was especially thankful for Brown's empowerment of his subordinate commanders.



senior leader in our Army. It is both a privilege and an honor to serve with you again."

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Clark finished his remarks with a personal message for the USARPAC staff and many thanks to his family. He said he is

glad that he will be part of USARPAC's 'One Team" ohana. "I'm humbled to serve in your ranks



a Fly-ing "V" ceremony Aug. 2 at Palm

Circle.

175th FMSC provides financial management for Talisman Saber

Story and photo by MAJ. LINDSEY ELDER 8th Theater Sustainment Command **Public Affairs**

 $FORT\,SHAFTER\,-\,When\,people\,think$ about Talisman Saber, they envision amphibious assault vehicle landings, combined airborne operations and U.S. Soldiers and Marines feeding koalas. Few think about the man hours required to manage what keeps combined training going besides manpower: resources.

With an approximate \$6.5 million budget and 30,000 participants, that's a lot of supplies and services to pay for. Providing professional financial management oversight of that mission takes a talented team.

Exercise Talisman Saber is the largest combined military exercise undertaken



by the Australian Defence Force (ADF) and provides invaluable experience to ADF personnel to improve combat Left — Soldiers from the 175th FMSC, 8th TSC, work at their stations as part of the **Talisman Saber 2017 Combined Logistics**

training, readiness and interoperability, exposing participants to a wide spectrum of military capabilities and training experiences.

Such a requirement provides a $tremendous\, opportunity\, for\, the\, financial$ managers of the 175th Financial Management Support Center (FMSC), 8th Theater Sustainment Command, here, to show what they were capable of in support of the joint force.

"The Army is the executive agent this year, so U.S Army-Pacific G8 is the main funding source for consolidating the funding, and then executing the

payments through teams like ours," said 1st Lt. Luserito Quisido, chief accounting officer for the 175th FSMC.

Quisido led a dispersing team of financial management Soldiers and Airmen overseeing all Acquisition and Cross Service Agreements (ACSA) and contracted support throughout the exercise, and then some. When all the patches have been traded, the closing ceremony is complete and the training audience heads home, the 175th FMSC mission continues on until every financial obligation of the U.S. government is met.

(For the rest of the story, readers may visit www.hawaiiarmyweekly. com/2017/08/08/175th-fmsc-providesfinancial-management-for-talisman-



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O'ahu's 'elepaio are struggling for survival

STEFANIE GUTIERREZ U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — One of Oʻahu's rare endangered birds makes its home, here, in the mountains above the Schofield training range. The Oʻahu 'elepaio, a native flycatcher, is found nowhere else in the world.

At just over 5 inches, the Oʻahu ʻelepaio is small enough to fit in the palm of a hand, and yet, it's played a larger role in Native Hawaiian culture. The curious, feisty bird was a guardian spirit to Hawaiian canoe makers, helping them judge the quality of koa trees for potential canoes.

Today, this once thriving and treasured species is struggling to simply survive. Biologists estimate just over 1,200 Oʻahu ʻelepaio exist, and their population is continuing to decrease due to low reproductive success and adult survival.

So why aren't the 'elepaio eggs hatching and growing into the next generations? In large part, rats.

Rats are skilled tree climbers and prey on 'elepaio eggs, chicks and roosting adults. A single rat and its off-spring can produce more than a thousand hungry rats per year. In comparison, the 'elepaio lays an average of one to two eggs per year, and when it comes to defending its keiki (babies), the 'elepaio is half the size of these predator rats, making the odds in the rats' favor.

The O'ahu 'elepaio has been getting some help from the U.S. Army, though. The Army monitors a number of 'elepaio pairs and supports them with rodent control as a means of offsetting any potential harm military training could cause.

"We've been working with the 'elepaio since the '90s," said Kapua Kawelo, Natural Resources program manager, U.S. Army Garrison-Hawaii. "Over the years we've used bait stations, snap traps, and more recently, gaspowered, self-resetting traps.

"Unfortunately, these strategies haven't been as effective as we want. We aren't able to cover a large enough area due to severe terrain and limited access. As a result, the rat population is still rising," Kawelo said.

The Army is looking into innovative solutions like rat birth control to limit population growth, but these solutions still need to be tested and proven effective. In the meantime, the Oʻahu 'elepaio needs more immediate help, according to Kawelo.

To that end, the Army is proposing to conduct a broad-scale application of rodenticide in an area where it manages its largest number of 'elepaio pairs. The management area is enclosed by fencing and is located in the Waianae Mountains above the Schofield training range.

"It's a good area for a project like this because it's fenced to keep pigs and goats out, and it's not open to the public or service members," Kawelo said, adding that the project would also benefit other native species rats prey on in the management area, such as the endangered Kahuli tree snail and plants like the endangered hāhā and mehamehame.



Photo courtesy of U.S. Army O'ahu Natural Resources Program Kau'i Racette, with the Army's O'ahu Natural Resources Program, monitors an O'ahu 'elepaio. The Army manages a number of 'elepaio pairs, collecting data on them and conducting rodent control, as part of support to military training.

The proposed project would involve dispersing penny-sized rodenticide pellets in the fenced management unit prior to 'elepaio nesting season using a helicopter and specialized dispersal bucket.

The pellets contain .005 percent diphacinone and are approved for this type of conservation use by the U.S. Environmental Protection Agency and the Hawaii Department of Agriculture. Multiple measures would be put in place to safeguard health and safety, to include creating no-drop buffer zones around areas with surface waters, like streams; scheduling operations so they don't occur during forecasted heavy rains; using only licensed applicators; and close monitoring to gauge effectiveness and impacts.

The Army has prepared a supplemental environmental assessment (EA) that analyzes whether the broadscale application would cause significant environmental effects. Based on that analysis, the Army has also prepared a draft Finding of No Significant Impact (FNSI). The Army will not make a final decision on whether to proceed with the proposed action until after the public's review.



Photo by Jack
Jeffrey Photography
Invasive rats
are one of
the primary
threats to
Hawai'i's
native birds
because they
eat the birds'
eggs, chicks
and even
some roosting
parents on the

Army invites comments on plan to improve invasive rat control, support native bird



Photo courtesy of U.S. Army O'ahu Natural Resources Program An endangered O'ahu 'elepaio feeds its new keiki. Their population has been in decline for decades due to low adult survival and low reproductive success.

Reviews and Comments

The public can review the supplemental EA and comment on the draft FNSI during a 30-day public comment period, which runs now through Sept. 7.

•The documents are available online at https://go.usa.gov/xREAc, under the "Environmental Assessments" tab.

•Printed copies are available upon request and at the Hawaii State Library, Wahiawa Public Library, Waialua Public Library and Waianae Public Library.

•Comments can be emailed to usaghi. pao.comrel@us.army.mil or mailed to DPW Environmental Division, 947 Wright Ave., Wheeler Army Airfield, Schofield Barracks, HI 96857.

•For questions, contact U.S. Army Garrison-Hawaii Public Affairs at (808) 656-3154 or 656-3160.

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8th TSC EOD techs support center in Vietnam

SUSTAINMENT COMMAND **Public Affairs**

FORT SHAFTER — Soldiers from across U.S. Army-Pacific, including explosive ordnance disposal (EOD) technicians from the 303rd Ordnance Battalion, 8th Military Police Brigade, 8th Theater Sustainment Command, in conjunction with Golden West Humanitarian Foundation, held a closing ceremony and certificate presentation for 11 Vietnam Mine Action Training Center students on July 27.

The students had increased their unexploded ordnance, or UXO, de-mining technical knowledge, and brought themselves one step closer to International Mine Action Standards (IMAS) proficiency.

This training evolution is one of many past and upcoming bilateral en-

continue their partnership of providing for a safe and secure environment while jointly addressing the legacy of war is-

The ceremony was held in Dong Ha, Ouang Tri Province, only kilometers away from the 17th Parallel, or DMZ, which constituted the border between North Vietnamese and South Vietnamese forces during the Vietnam War. In addition, the ceremony was con-

ducted on "Remembrance Day" in Vietnam, also known as Martyr's Day. It's a memorial day that honors those who died in service or were injured during the Vietnam War and other military engagements within Vietnam and abroad.

Soldiers from across USARPAC hold a closing ceremony and certificate presentation for 11 Vietnam Mine Action Training Center students on July 27.



Courtesy photo



11 / Friday

Filipino Veterans — The Filipino Veterans Recognition and Education Project is currently helping to register Filipino veterans who honorably served in the U.S. military at any time from July 26, 1941, to Dec. 31, 1946. If you or someone you know served during this time, visit https:// www.filvetrep.org/appli cation.

25 / Friday

Women's **Equality Day** — The 500th Military Intelligence Brigade will host this year's observance on Aug. 25 at 10-11:15 a.m. at Sgt. Smith Theater, Schofield Bar-

The keynote address will be followed by a Q&A discussion panel luncheon at K-Quad dining facility on Schofield from 11:45 a.m.-1 p.m. Call Master Sgt. Helena N. Taylor at 787-6819 for more details.

September

9 / Saturday

Retiree Appreciation Day — Event will be held on Sept. 9 at the Nehelani on Schofield Barracks. Doors will open at 8 a.m. Several guest speakers will discuss health care issues and changes that may affect the Army's retired community.

Tripler Army Medical Center will be providing flu shots and skin cancer screenings.

Lunch will be served from noon-1:30 p.m. Reservations and advance payment of \$18 per person is required prior to Aug. 15. For details, call the Retirement Services

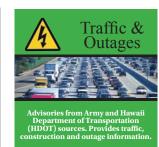
Office at 655-1514.

Ongoing

Vehicle Registration — Registering a vehicle? Note, the City and County of Honolulu has made changes to forms that allow service members to register their vehicles in Hawaii tax free. The changes were made due to significant issues with abandoned vehicles. They allow the city and county to determine the owner's active duty and/ or deployment status.

Make sure to turn in the correct non-residency form, which went into effect Aug. 1, when registering. Call 656-0334 for questions about pickup.

Antiterrorism — August is Antiterrorism Awareness Month in the Army. This month we remind everyone to be aware of the dangers posed by terrorism and to be prepared to help combat terrorism.



(Note: Times and locations of outages are a best guess. Field conditions may extend the locations and time needed.)

Ongoing

Revised Traffic Codes – The Military Police has begun enforcing newly revised and approved U.S. Army-Hawaii Regulation 190-5 traffic codes that became effective Tuesday. The most significant change is the expansion of traffic offenses that incur monetary fines. Offenses such as seat belt violations, illegal parking and cellphone usage/texting while driving, now have a prescribed fine associated

with the offense in addition to a potential prohibition to driving on the installation or a suspension of driving privileges on the installation.

The revised traffic codes apply to all Soldiers, civilians, family members, contractors and other personnel who work on, reside on or visit any U.S. Army installation, facility or work site in the state of Hawaii.

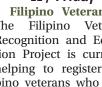
To review the new Traffic Code in its entirety, go to the Garrison Policies tab on the U.S. Army Garrison-Hawaii website at www. garrison.hawaii.army.mil.

Flagler Road — Lane closures will occur at Flagler Road between Kolekole Avenue and Lyman Road for pavement repairs. The closures will be in effect until Sept. 15, Monday-Friday, 8:30 a.m.-4 p.m., with intermittent closures for permanent striping and loop detector installation. Flagmen will direct two-way traffic through a single lane on Flagler when possible. There will also be traffic detours onto Aleshire and Waianae avenues from Foote Avenue and Kolekole and Lyman roads.

Lewis Street — This Schofield Barracks street will be closed through Aug. 16, between Waianae and Foote avenues for pavement repairs. The closure will be in effect Mondays-Saturdays, 8:30 a.m.-4 p.m., with intermittent permanent striping through Aug. 22. Traffic detours will occur onto Heard Avenue and Trimble Road from Waianae and Foote avenues.

Sasaoka Street — Two road closures on Sasaoka Street, WAAF, will occur for new sewer line instal-

The work will be performed in two phases through Sept. 30. For Phase 1, a portion of Sasaoka will be closed 8:30 a.m. and 3:30 p.m., daily.



SOLDIERS HAWAII ARMY WEEKLY AUGUST 11, 2017 | A-7



Courtesy photo

SCHOFIELD BARRACKS — The Soldier for Life Transition Assistance Program, here, is kicking off its third Career Skills Program for transitioning Soldiers in Hawaii.

Soldiers can now prepare for a new career as a store manager in training with CVS.

During their last 180 days of active duty service, eligible Soldiers who succeed in the selection process can participate in a 12-week training program at one of the CVS and Longs Drugs store locations on the island of Oahu

After successfully completing the store manager in training, or SMIT program, service members are guaranteed an opportunity to interview for open positions as a store manager for a CVS store in Hawaii or on the mainland.

This initial step will open up various advancement opportunities and career paths within the company.

Pictured at left, CVS Human Resource business partner Timothy Casey and regional trainer Dayana Hasegawa conduct the initial briefing for 20 Soldiers interested in the SMIT program at the Soldier for Life center on Schofield Barracks. All of the attending Soldiers stated they want to apply to participate in the program.

Call (808) 655-6569 for more details.

RHC-P Soldier picked for Green to Gold program

EMILY YEH

Regional Health Command-Pacific Public Affairs

HONOLULU — Sgt. Mayra Bendavid, a combat medic assigned to Regional Health Command-Pacific (RHC-P) struck gold, recently.

She is one of the Army's newest Green to Gold

As a Soldier and valued member of the RHC-P command team, her exposure to strategic level operations and engagements opened her eyes to a side of the Army she was not exposed to before.

"I feel fortunate that this past year I had the opportunity to work at the region. Getting that exposure from a command perspective and that level of leadership is invaluable," stated Bendavid. "By being a part of the RHC-P command team, I better understand what it means to lead and inspire because I see it every day."

When Bendavid left for basic training on Valentine's Day in 2011, she was prepared for anything. Growing up, she was always athletic and knew she was physically fit. She knew she was mentally fit and ready as well.

"I'm usually a safe person when making decisions in my life, but joining the Army, I didn't hesitate at all. After basic training, I was assigned to Fort Riley, in Kansas," recalled Bendavid. "I just wanted to be a Soldier and wanted to join. I'm glad I did it. Within six months, I was deployed to Afghanistan."

During the nine months she spent in Afghanistan, she was part of a female engagement team.

"I was part of a female engagement team, where our mission was to engage with the local female population in Afghanistan. Each company or unit selected female Soldiers to work alongside the Afghani Army and police to train females for the Afghani National Army," said Bendavid.

"The Afghanis didn't have any females within their ranks, or a training program in place, so we came together to design a training regime, which included Soldiering skills such as clearing a room and doing searches."

As a combat medic, Bendavid taught first aid and first responder skills.

"The opportunity I had in Afghanistan was so rewarding, to see all the females, eager, wanting to learn. They quickly picked up on everything we taught. It is still one of the most rewarding moments in my Army career."

This next step of becoming an officer is consistent with her experience in Afghanistan and her life's ambition to take on missions that benefit the greater good, actions that enhance not just one person's life, but also the lives of those she works with and serves alongside.

She also knows that she will be in a position to lead and inspire others, giving other deserving Soldiers a chance to make their mark in the Army, serving their country.

"Soldiers are vital to the success and longevity of our organization. Becoming an officer allows me the privilege of guiding Soldiers every day, and also provides me the opportunity to learn, develop and lead Soldiers across any spectrum," said Bendavid.

When the idea of joining the Army first entered Bendavid's mind, she had no idea that her decision to enlist would take her to the places she has already been and opened the door to places she still can go.

"Growing up first generation-American, in a singleparent home with five siblings gave me a unique outlook on life. I was not born into privilege," she said. "At a young age, I was taught the significance of hard work and that nothing of importance in life was easy. Although delayed by different career paths, I stayed true to my initial aspiration of becoming a Soldier and enlisted into the Army.

"It was not until I joined the military that I found a sense of purpose and I immediately realized that I had finally found my true calling," she added.

Bendavid's success is due, in part, to her solid support group and encouragement from her command team.

"Brig. Gen. Bertram Providence planted a seed," explained Bendavid. "He told me 90 percent of the job is showing up, not just physically, but understanding the impact on everyone else and the future."



Courtesy phot

Sgt. Mayra Bendavid (back row, left) is deployed to Afghanistan for nine months after joining the Army. During the deployment, she was a member of this female engagement team.

Capt. Corey Lester, former aide-de-camp to the RHC-P commanding general, and Bendavid's mentor, was also a driving force. As a Green to Gold graduate, he was able to provide guidance as she navigated through

her own process.

"As a Green to Gold graduate, I know what kind of Soldier it takes to succeed in the program," said Lester. "After working with Sgt. Bendavid, it was obvious to me that she would be a competitive candidate. I know she will be a future leader in the Army and make an impact on the future of the military."

AUGUST 11, 2017 | A-9

Bendavid holds fast to the teachings she gained as a child, that nothing of importance comes easy. As she prepares to take on the honorable responsibility of becoming a more influential leader, she goes in with the ultimate goal of positively impacting the lives of Soldiers and the Army.

"I have surpassed my expectations of my career within the Army. When I first joined, I never thought I would be on the path to becoming an officer."

Even though she is not sure where she will end up after earning her degree, she is willing to go anywhere. She knows she has a strong network of support, which is not only a big part of why she achieved gold, but she knows that network will still be there when she needs it.

"I am forever thankful for that," she said.

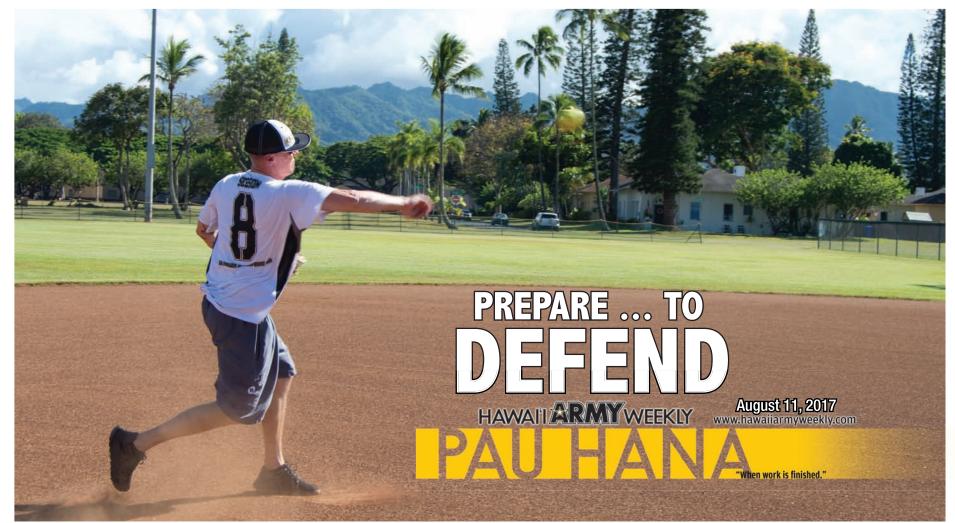


Photo by Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs

Staff Sgt. Eric Sessom, HHBN, 25th ID, prepares, Aug. 2 at Stoneman Field, for the upcoming All Army Men's Softball Trials that begin Aug. 22 at Fort Sill, Oklahoma.

All Army Softball again is seasoned with plenty of aloha

Five-time Armed Services champions ready themselves to extend record-winning streak

JACK WIERS Pau Hana Editor

SCHOFIELD BARRACKS — A lazy late-summer heat typically can make softball here in the islands a leisurely pastime.

On this afternoon at Stoneman Field, here, that is not the case. There is work to be done, this day, for two veteran players and their coach.

Staff Sgt. Eric Sessom and Master Sgt. Thomas Fuss, both of Headquarters and Headquarters Battalion, 25th Infantry Division, understand from experience the level of preparation that is needed for the upcoming All Army Softball Trials later this month at Fort Sill.

Five members with Hawaii ties are among 25 invitees that will compete for 15 final spots, and one alternate spot, for the All Army

All Army has won the Armed Services Championship a record five years in a row.

They are committing themselves to be a member of a team that is favored to win for a sixth straight year.

Sessom

"I can pretty much play anywhere, and that's my greatest value to the team," said Sessom.

He takes an average of 400-500 ground balls a week, and on this afternoon, he glides with an assured ease.

"This is my fourth tryout," he added. "I made the team the last two years."

And he has learned what it takes to succeed after missing the cut in his first try four years ago. Now he trains nearly nonstop around the year to prepare for the physical and mental competition.

"You go (to Fort Sill) and you have to be ready to perform immediately," he added. "The first year I wasn't prepared for the level of competition. It's intense."

Coach Cabrera

"Camp is very strenuous," said Sgt. Maj. Jim Cabrera, HHBN, 25th ID. "You think it's hot here? ... Go to Oklahoma!"

Nearing active duty retirement, Cabrera also knows what's required. He was a member of the All Army team for 12 years from 1990-2002. His growing responsibilities as a senior enlisted adviser, along with world events, including Desert Storm, shortened his All Army Softball shelf life.

This year he is back as an assistant coach.

Hawaii-based Soldiers leave Aug. 20 for Oklahoma.

Fuse

Also preparing for the oppres-

sive Oklahoma August heat is Master Sgt. Fuss.

"Still feeling it," said Fuss to his coach about the blisters that made batting cage practice swings more challenging. The previous day he took 200 swings.

"I'm pretty much here for my bat," he explained.

That is perhaps a humble understatement, given his credentials.

In 2012, his first year as a member of All Army Softball, his 12 tournament home runs fueled the Army's title run. The Army stars have won every title since.

The first goal is earning a team membership at the official Trial Camp at Fort Sill, Aug. 22 through Sept. 16. Once that's accomplished, this year that Armed Forces Men's Softball Championship will be held at Joint Base San Antonio, Sept. 17-24.

Once a champion is selected, players from all services will be selected to the All Armed Forces team and further play against national civilian competition that continues into the fall.

Assistant Coach Cabrera helped select the 25 invitees from an initial list of 110 applicants.

He knows there's a natural advantage for island-based Soldiers.

"These guys got an advantage here in Hawaii. ... It's beautiful and you can play year-around," Cabrera said.

The sergeant major was also quick to add, "First, you have to be a good Soldier."

IMCOM Pacific/Hawaii Invitees

Five of the 25 invited players for the Aug. 22-Sept. 16 All Army Men's Softball Trials are Hawaii-based or have Hawaii ties, along with one member of the coaching staff.

•Sgt. Maj. Jim Cabrera (Assistant Coach), Headquarters and Headquarters Battalion, 25th Infantry Division.

•Capt. Chad Agustin, Kansas City Army Medical Recruiting Company (from Honolulu).

•Master Sgt. Thomas Fuss, HHBN, 25th ID.

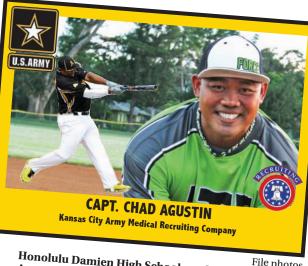
•1st Sgt. Shawn Moriarity, C Battery, 2nd Battalion, 11th Field Artillery Regiment, 2nd Infantry Brigade Combat Team, 25th ID.

•Staff Sgt. Eric Sessom, HHBN, 25th ID.

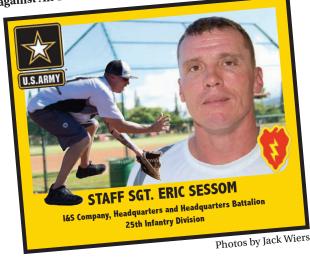
•Master Sgt. Benjamin Kahalehoe, 94th Army Air and Missile Defense Command, Army National Guard, Schofield Barracks.

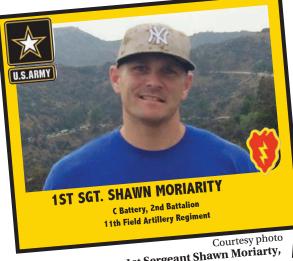


Courtesy photo Master Sgt. Benjamin Kahalehoe, 94th Army Air and Missile Defense Command, hits a game winning grand slam home run in the championship game against Air Force.



File photos Agustin, medical recruiter, Kansas City Army Medical Recruiting Company, Installation Management Command, was selected All Services Softball in 2014 and is a two-time member of All Army Softball.





The father of three, 1st Sergeant Shawn Moriarty, C Battery, 2nd Battalion, 11th Field Artillery Regiment, 2nd Infantry Brigade Combat Team, 25th Infantry is a two-time gold medal winning member of All Army Softball teams in 2013-2014.



Photos by Jack Wiers



Photo by Marie Berberea, Fort Sill Public Affairs

The 2014 Men's All-Army Slow-Pitch Softball Team celebrates its championship victory against the U.S. Marine Corps, which gave the team its first "Three-Peat" gold medal, at Fort Sill, Oklahoma. This year many of the same members return to try for a record sixth straight title.



Briefs 11 / Friday

Flag Football — Registration is open to company level, Army active duty, Reserve and Army National Guard companies within the geographical limits of Hawaii.

All players must play for their assigned/attached company/unit. Registration is available now at any Army PFC.

Preseason starts Aug. 28. All preseason games will be held at Stoneman Stadium, SB. Regular season runs Sept. 5-Nov. 3. Playoffs start Nov. 6. Call 655-9650/0856/9914.

Family Child Care New Applicant Briefing — Held at SB FCC at 9 a.m. Call 655-0747.

BOSS Event — Share a Marine Corps Base Hawaii, Kaneohe Bay, beach cottage weekend. Call 352-223-6370.

Resume Workshop —

Learn how to create a resume for the first time or update your resume for the private sector from 10 a.m-2 p.m. at SB ACS.

Choose the best format to demonstrate your experience and skills. Target your resume to the job you are seeking and effectively summarize your accomplishments.

To register, call 655-4227.

Parenting 101 — Take your parenting to the next level. Discover current "best practices" and learn tips and tools to assist you in reaching your parenting goals at the SB ACS from noon-1 p.m. Call 655-4227 to register.

12 / Saturday

Movie Talk — Watch and discuss event from 11:30 a.m.-2:30 p.m. at SB Tropics Recreation Center. Program is geared toward older teens and adults. Light refreshments will be served. Call 655-8002.

Paint and Sip — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice, all for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call



ALIAMANU MILITARY RESERVATION —Family and MWR holds the next Hiring Fair at AMR Community Center (114 Kauhini Road, 9 a.m.- 3 p.m. for all positions. Tentative job offers on-site. Visit www.himwr.com.

655-5698.

A Taste of Country — Enjoy line dancing, bull riding, hog calling and a lasso contest from 7-11 p.m. at SB Tropics Recreation Center. Event is free with food and beverages available for purchase. Call 655-5698.

14 / Monday

Lifeguard Class Registration - Register at SB Richardson Pool, Aug. 14-20, for \$150 (military), \$175 (civilians).

Classes will take place Aug. 21-Sept. 1 from 8:30 a.m.-12:30 p.m., Monday, Wednesday, Thursday and Friday. Call 655-

15 / Tuesday

FRG Key Contact Training — Receive training in key contact duties, communicating with family members, dispelling rumors, handling crisis calls, and learn how to fit into a successful FRG role, 5-7 p.m. at SB ACS. Call 655-4227.

(Note, FRG Foundations training is a prerequisite for this course.)

EFMP SPEDucation Blitz - Behavior Plans class held at SB Outdoor Recreation Center, 10-11:30 a.m.

'ukulele musicians, as well as

40 Hawaiian artists, perform

and display, 9 a.m.-5 p.m., at

the Marriott Ko Olina Beach

Call 655-4227.

16 / Wednesday

Bead Coasters — Make a coaster out of Perler Beads at FS Library from 3:30-4:30 p.m. Event is free while supplies last. Call 438-9521.

18 / Friday

Statehood Day - All Hawaii public schools closed. Call 655-8326.

Smoke House Day — Two kinds of ribs, barbecue chicken, smoked pork sliders and beef brisket plus cornbread, baked beans and plenty of coleslaw offered at FS Hale Ikena. Call 438-1974.

Acing the Interview -Prepare to answer the tough interview questions and practice with a mock interview at SB ACS from 10-11 a.m. Call 655-4227.

It takes Two (For Couples) Enhance your relationship by learning skills to improve communication at SB ACS from 11:30 a.m.-1 p.m.

Learn about expectations, problem solving techniques, forgiveness and the importance of fun and friendship.

Call 655-4227 for more information.

19 / Saturday

New Parents/Daddy Boot Camp — Class for first-time/ expecting parents at SB ACS from 9 a.m.-12:30 p.m. Parents can ask questions and learn practical skills for taking care of the new baby. Call 655-4227.

Junior Bowling Club — Sign-ups, Aug. 19-20, for youth bowlers 5-19. Call 623-3009.

Club will bowl for 30 weeks starting Sept. 9 from 9 a.m.-1 p.m. Weekly cost for children 5-11 is \$6, \$8 for teens 12-19. Price includes weekly lineage, trophies and a pool party at the end of the season.

Swimming Lessons — Registration held at SB Richardson Pool, Aug. 19-20, from 9 a.m.-5 p.m. Classes run weekdays, Aug. 21-Sept. 11 (no classes on Tuesday). Class times range from 3-5 p.m. for \$60 for 30-minute lessons for Parent & Tot, Level 1, Level 2; \$70 for 45-minute lesson for Level 3, Level 4. Children must be registered with Child & Youth Services. Call 655-9698.

Family Nite — Create your own bowling pin character at SB Arts & Crafts Center from 4:30-6:30 p.m. Participants may make any character.

The instructor-led course will be the minion character from "Despicable Me." Cost is \$10 per pin. Preregistration required. Call 655-4202.

BOSS Event — Shark Cove from 8 a.m.-2 p.m. for BOSS members. Call 352-223-6370.

Hot Summer Casino Night For single Soldiers at SB **Tropics Recreation Center from** 7-11 p.m. Activities include poker, black jack, roulette, bingo, chess, Ace of Spades and board games. Event is free; food and beverages available for purchase. Call 655-5698.

20 / Sunday

BOSS Event — Army Museum and Beach Day from noon-4 p.m. Call 352-223-6370.

21 / Monday

Employment Orientation — New to the island and looking for employment? This class at the SB ACS from 10-11:30 a.m. will orientate you to employment opportunities on Oahu. Learn about Spousal Preference and the Priority Placement Program for Spouses (PPP-S) seeking

See MWR BRIEFS B-5

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

11 / Friday

Honolulu Rainbow Film Festival — From Aug. 10-19, the 28th annual festival will be held at the Doris Duke Theatre, 900 S. Beretania St., Honolulu. Visit hglcf.org.

Twelf Nite O Wateva! — Fridays and Saturdays, Aug. 11-26. Picnic on the grounds 5-6:30 p.m. Doors open at 6:30 p.m.; performance at 7 p.m. Fee is \$25; \$20 for students and seniors 65 and older.

James Grant Benton's "Twelf Nite O Wateva!" was designed to make Shakespeare more appealing and approachable for the local community - and just to be funny. Visit www.missionhouses.org or call 447-3926.

12 / Saturday

SB Kolekole Walking-Hiking Trail — The trail is closed for hiking this weekend due to live-fire training.

Na Mele O Ko Olina — Hawaii's best slack key and

Club. Call 696-5717. **Family Fish**ing — Hoʻomaluhia Botanical Garden in Kaneohe hosts this free catch and release family event, 10 a.m.-2 p.m., Saturdays and

fishing bait (fresh white bread). A limited number of bamboo poles are available to

Sundays. Bring walking shoes,

insect repellent, rain gear and

borrow on a first-come, first-served basis. There is a 20-minute hike to the fishing area. For reservations, call 233-7323.

13 / Sunday

Don Ho Statue Dedica**tion** — The International Marketplace in Waikiki is hosting a special dedication ceremony and unveiling of a bronze Don Ho statue on the date of the "Tiny Bubbles" and "I'll Remember You" singer's birthday. This free event takes place from 1:30-3 p.m. at the marketplace's Banyan Court (Level 1) and will be followed by a "Don Ho Tribute Kanikapila and Show" at 4 p.m. and a "O Na Lani Sunset Stories" storytelling and hula show at

8:15 p.m.

Hawaii Gov. David Ige and Ho's son Dwight Ho are expected to make special remarks. Local entertainer Kimo Kahoano and Ho's wife, Haumea Ho, will perform a song and hula. Artist Kim Duffett created the statue.

15 / Tuesday

Hui Super Signup — The FS spouses club is having a sign-up campaign, 6-8 p.m., at the Hale Ikena, FS. Visit www. huispirit.com.

17 / Thursday

FS Thrift Shop -Clothes, kitchenware and more offered Tuesdays and Thursdays, 9 a.m.-1 p.m., at Bldg. 342, Pierce Street, on FS. Visit www.huispirit.com.

18 / Friday

Made in Hawai'i Festival Weekend showcase, ending Sunday, includes nearly 400 exhibitors of food products, books, gifts, apparel and jewelry, arts and crafts, produce and live music at Blaisdell Exhibition Center, 777 Ward Ave.,

Honolulu. Visit madein hawaiifestival.com.

Sunset Bazaar — Every Friday, 4-9 p.m., Kakaako Park, Honolulu, and enjoy end-of-week pau hana with live music, food, shopping and

FMWR: Family and Morale, Wel-

beverages. More info at street grindz.com.

19 / Saturday

SB Kolekole Walking-Hiking Trail — The trail is closed for hiking this weekend due to live-fire training.

Duke's OceanFest — From Aug. 19-27, 6 a.m.-10 p.m., daily, at the Duke Kahanamoku Statue in Waikiki. This event features a variety of ocean sports that were close to Duke Kahanamoku's heart, including longboard surfing, paddle-

board racing, swimming, tandem surfing, surf polo, beach volleyball and stand-up paddling. Visit dukes oceanfest.com.

Ice Cream Party — Sundaes on Saturday, 4:30-6 p.m., McCoy Pavilion at Ala Moana Beach Park, offers all-you-caneat sundaes for \$15; \$6 for keiki under 12. Benefits the Sounds of Aloha Chorus. Visit Sounds OfAloha.org.

20 / Sunday

Hawaiian Slack Key Guitar Festival — Festival will feature up to 16 performing artists in the slack key guitar genre, including award-winning artists and newcomers, noon-6 p.m., at Kapiolani Bandstand & Park. Visit slackkeyfestival.com.

SB: Schofield Barracks SKIES: Schools of Knowledge,

Additional religious services, children's programs, educational services and contact information can be found at https://www.garrison.hawaii. army.mil/rso/USARHAW%20 Chapel%20Services.pdf.

AMR: Aliamanu Military Reservation Chapel

Fort DeRussy Chapel HMR: Helemano Chapel

Main Post Chapel, MPC: Schofield Barracks

Aloha Jewish Chapel, Pearl Harbor

SC: Soldiers' Chapel, Schofield Barracks

TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD Last Wednesday, 6 p.m. at MPC

Catholic Mass

•Monday-Wednesday, 11:45 a.m. at Soldiers' Chapel •Thursday, 11:45 a.m. at AMR

•Wednesday, 5 p.m. at MPC •Saturday, 5 p.m. at TAMC •Sunday services:

-8:30 a.m. at AMR -10:30 a.m. at MPC

-11 a.m. at TAMC

Gospel Worship •Sunday, noon at MPC •Sunday, 12:30 p.m. at AMR

Islamic

•Friday, 12:30 p.m. at AMR (Call 477-7647)

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH (Call 473-3971)

Protestant Worship

 Sunday Services -9 a.m. at MPC

(Contemporary)

-9 a.m. at FD -9 a.m. at TAMC

-10 a.m. at HMR (Contemporary)

-10:30 a.m. at AMR

(Contemporary)

-11 a.m. at WAAF (Contemporary)



Baby Driver (R)

Friday, Aug. 11, 7 p.m.



Despicable Me 3 (PG)

Saturday, Aug. 12, 4 p.m.



The Big Sick (R)

Saturday, Aug. 12, 7 p.m.

Spiderman: Homecoming (PG-13)

Sunday, Aug. 13, 4 p.m.

Calendar abbreviations 8th TSC: 8th Theater Sustainment Command

25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Build-

AMR: Aliamanu Military Reserva-

ASYMCA: Armed Services YMCA

tion

BCT: Brigade Combat Team CDC: Child Development Center CYSS: Child, Youth and School Services EFMP: Exceptional Family Mem-

ber Program FCC: Family Child Care FRG: Family Readiness Group FS: Fort Shafter Reservation

fare and Recreation

HMR: Helemano Military IPC: Island Palm Communities PFC: Physical Fitness Center SAC: School Age Center

Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii

USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield

all year.

Officials remind families to stay safe at the beach

Story and photo by **1ST LT. JASON KILGORE**

U.S. Army Health Clinic-Schofield Barracks SCHOFIELD BARRACKS — Hawaii is filled with beautiful beaches and warm waters all year long, which makes for the perfect opportunity to enjoy its beaches

Before going out, though, make sure to make safety the primary concern.

"Many people go to the beach without a safety plan," stated Lt. Col. Kathleen Gerrie, the safety officer for U.S. Army Health Clinic-Schofield Barracks. "There are so many small things that we can do that makes a world of difference, such as applying sunscreen.

Apply sunscreen

"Being in the tropical paradise, means that the sun's UV strength is much higher than most places," Gerrie continued. "One of the most common preventative injuries that we see are sunburns."

After the sunscreen has been applied, the next step is to run and jump into the cool, blue ocean.

"Plenty of the beaches on Oahu are



tin to the beach recently. Health officials remind parents to be prepared and aware when their children are near water.

patrolled by lifeguards, but there are extra precautions that can be taken to ensure a trip to the beach is a safe one," Be aware of rip tides

One major consideration that often gets overlooked is the rip current. This current is extremely easy to get into and very hard to get out of.

Rip currents are currents that can move in speeds up to 8 feet per second. These currents are fast moving. They start from the shore and flow outward, through the surf zone and into the ocean.

"Being able to identify the rip current can show where to avoid while swimming," stated Gerrie. "There are also other dangers that aren't caused by nature that we need to be aware of."

Play safely

There are many dangerous sports that take place within the water, such as surfing, bodyboarding, snorkeling, cliff diving and SCUBA diving.

While all these events are fun, make sure to take the proper precautions before partaking in these events.

"In the past several years, there have been dozens of drownings in popular snorkeling spots," stated Gerrie. "There has also been a high number of back and neck injuries from surfing as well."

If uneasy about going in, talk to lifeguards about the water conditions and ask for their suggestion on where to swim and areas to avoid.

Safety checklist

Here are some things to do to ensure a safe time at the beach:

- When in doubt, don't go out.
- •Check the surf report before getting
- •Talk with a lifeguard about the water
 - Take a water safety course.
- •Only swim at beaches that have lifeguards on duty.
- •Wear sunscreen.
- Always SCUBA dive with a buddy. •Bring U.S. Coast Guard approved
- flotation devices for weak swimmers. Never leave children unattended.
- Don't drink alcoholic beverages before swimming.
- •If you are not experienced, avoid going into the waters of the North Shore during winter. Waves can reach up to 70
- •Properly secure your valuables in your vehicle - out of sight!

Successful marriages always require skill, training

CHAPLAIN (CAPT.) BRIAN HARGIS

2nd Squadron, 14th Cavalry Regiment 2nd Infantry Brigade Combat Team 25th Infantry Division

Recently, I officiated a beautiful wedding in Ohio. The bride meticulously coordinated all aspects of the wedding a year in advance ... all except for one.

You see, my agreement to fly in and perform the ceremony was contingent upon the couple receiving premarital counseling from the pastor of the church, but when I called to make final coordination, they had not put forth the effort.

I was perplexed.

"How do you expect to manage the storms of life that will come?" I asked. "What will you do when conflict arises?"

After a brief pause, she replied, "Well, I guess we'll figure it out on the go."

Imagine the combat readiness within the 25th Infantry Division if Soldiers enlisted into the Army, skipped Basic Combat Training (BCT) and Advanced Individual Training (AIT), and arrived at the Honolulu airport ready for inprocessing. They wouldn't know how to shoot, move or communicate. Heck, they wouldn't even know how to prop-



erly wear the military uniform! For this couple to

"figure it out on the go" would be disastrous!

Sounds ridiculous, right? Yet, Soldiers, daily (including the one that stopped by my office this morning), enter into lifelong marriage commit-

ments without any training whatsoever and expect that somehow, some way, they will magically "figure it out on the

This flawed thinking is a contributing factor to the ever-increasing divorce rate, where 51 percent of first marriages, 64 percent of second marriages and 76 percent of third marriages end in divorce.

As if that's not enough, there is an incredible divorce spike in marriages over the 20-year mark - those that never "figured it out on the go." No, they struggle, they fight, but they stay together for the sake of the children. Now that the kids are grown and moving out, they find themselves living with someone they

Footsteps in Faith

have nothing in common with except for the family dog. Perhaps that's you.

Dear readers, "figuring it out on the go" is killing marriages. Marriage isn't on-the-job-training because when the blind lead the blind ... you get the pic-

As the 25th ID prepares for war with a very near enemy, so should its Soldiers prepare for problems in their relationships. I encourage you to seek marriage training that will equip you with tools to work through the issues.

And for those who never received counseling needed but are struggling to figure it out on the go, there's still hope for you. Take advantage of the opportunities for marriage enrichment provided through your units, Army Community Service (ACS), the Military and Family Life Counselor (MFLC) program, your chapels and chaplains.

Consider attending Wednesday Family Night at Schofield Barracks' Main Post



Photo courtesy of 25th Infantry Division Sgt. Johnny Lunn of 3rd Brigade Combat Team, 25th Infantry Division, and his wife participate in a marriage vow rededication ceremony in Haleiwa.

Chapel beginning Aug. 23. There's something for everyone, including a Biblical Parenting class that I'll be teaching. I'd love to see you come out and learn how to start right and finish right.

Decide to boycott the "we'll figure it out on the go" mentality and gain the skills you need before it's too late.

One year after leaving active duty status, but the ride's not over

A year ago, my husband, Francis, stood on a stage before our family and friends in his Navy dress uniform and spoke about his 28 years of service in the

The audience looked on curiously as the band played "Old Glory" and the flag was passed slowly, methodically, from rank to rank. When "The Watch" was recited, men blinked and cleared their throats, and women dug for tissues in their purses.

After speeches were said and flowers were given, I grabbed Francis' arm. To the lilt of the bosun's whistle, we walked briskly up the burgundy-carpeted aisle and past the rigid side boys, Francis giving his final salute as an active duty U.S. naval officer.

That symbolic moment in time felt emotional, powerful, wonderful. Despite our uncertain future outside of the U.S. Navy, we were focused on the last 28 years of Francis' military service and how thankful we were for it all. The experiences, the challenges, the opportunities, the adventures, the honor and even the hardships and the strength we have was built therefrom.

We floated through the weekend on pride and gratitude, dancing like sweat-

roller coaster - the kind you aren't initially afraid to board, because, well, how bad could it be? People have been taking this old ride forever, right?

Once you lock yourself in, you start

feeling queasy as it tick-tick-ticks its way

up the slope. Then suddenly, it dives and

soaked fools at our party. Reality came like a rickety wooden

The Meat and Potatoes of Life your stomach drops into your shoes. You

think you might be hurled to your death, or at least hurl up the corn dog you just ate, but as the centrifugal force pins you into the seat, you realize that you're in for the long haul. As the momentum carries you up

the next hill, you look out and see the peaks and valleys and twists and turns to come. You know you must stay to the end when, in great relief, you will stagger toward the funnel cake stand.

That's what reality feels like after the pomp and circumstance and open bar of a military retirement ceremony.

A couple months after our friends and family went home with rolled up programs and sweaty party T-shirts in their suitcases, we moved off base into a tiny temporary rental, where we spent the long, dark winter searching for our new place in the world.

Our pillow talk was initially laced with nervous excitement. Will Francis make more money in the civilian world? Will we attend swanky corporate parties? Will we make new friends who golf and meet at wine bars on Fridays? Will we finally turn in the minivan for an SUV with that new car smell?

In our naiveté, we believed what everyone told Francis, "With your experience, you'll write your own ticket."

Turns out, that ticket was harder to

write than we realized. It took many months of gazing wall-eyed at LinkedIn; writing and rewriting resumes; networking with Tom, Dick and Harry; pouring over application questions; rehearsing for interviews; "tsking" about unreturned calls and emails; and trying desperately to not take, "Sorry, we chose someone with corporate experience"

Finally, it came. The job offer was located out of state from the high school our youngest attended, but what the hell, it's a great job, take it.

Our original vision of a cushy-postretirement lifestyle had to be amended to include living apart during weekdays, negotiating the hopelessly tangled ropes

of corporate politics, making due with our old minivan with over 200,000 miles and a leaky roof, and missing our military friends.

One year out, our metamorphosis from military to civilian life is still in the gooey larval stages. We remain very much a family in transition.

As we navigate the peaks and valleys and twists and turns of this extended roller coaster run, we'll hold tightly to the military pride that welled up in us last summer on the day of Francis' retirement ceremony. Our military foundation will keep us grounded, so we can sit back, raise our hands in the air, and enjoy the ride no matter where it takes

Vaccines are vital to your health

KRISTI HAYASHIDA

Tripler Army Medical Center Public Affairs

HONOLULU — Today's society enjoys what generations before could not - the comfort of avoiding the same infectious childhood diseases that past generations feared - thanks in part to vaccinations.

The human body's immune system can fight a disease faster and better if it's had the virus before or if it's been vaccinated.

Vaccines are biologics that mimic the virus they are trying to prevent. Vaccines are manufactured by modifying a disease-producing antigen to stimulate immunity to the intended disease-causing virus or bacteria.

The Centers for Disease Control and Prevention recommend vaccinations from birth through adulthood to provide a lifetime of protection. Lifelong protection is important because vaccine-preventable illnesses can strike anyone at any age.

The CDC Foundation recognizes individuals who go above and beyond to promote childhood immunizations within their communities. Janelle Jinbo-Labuguen, a nurse practitioner at Tripler Army Medical Center, received Hawaii's 2017 CDC Childhood Immunization Champion Award for her dedication in promoting child immunizations in Hawaii.

Jinbo-Labuguen feels strongly that vaccines are one of the most convenient and safest preventative care measures in the United States.

"I was happy that my efforts were making a difference in getting the word out, as it demonstrates the im-



Courtesy graphic

Tripler and its medical clinics provide immunization paths to better health to beneficiaries.

portance of immunizations," Jinbo-Labuguen said.

The CDC advises people of all ages to continue getting immunizations to prevent an epidemic of diseases that are nearly under control today due to patient education about the importance of immunizations.

According to the World Health Organization, infectious diseases were once the leading causes of death in the early 1900s. Smallpox was one of the most devastating diseases humanity had ever faced. The eradicated virus killed more than 300 million people in the 20th century. Thanks to a global vaccination campaign, the disease was destroyed in 1980.

There is abundant historical evidence that supports immunizations. It's been a few generations since diseases like the paralysis-causing virus polio affected thousands of children in the United States. Once again, vaccines helped to diminish the infecting virus.

Though vaccinations have led

to a radical decrease in infectious diseases in the United States, some of these diseases are still quite common in other countries and can be transported to the United States by international travelers. Individuals without immunizations are at risk of contracting an infectious disease from a traveler on a plane, train or vacation cruise. The danger doesn't end there, as people can then possibly pass the infectious illness to others.

Vaccines not only protect one's health, they also help stem the spread of viruses to friends, family members and coworkers.

"In medicine today, we often focus too much on treating the problem versus preventing the causes," Jinbo-Labuguen said. "Get vaccinated. Help to prevent diseases and cancer."

Point of Contact

To schedule a vaccination, talk to your primary care manager and call 433-2778.

TAM© Be Prepared

If disaster strikes your community, you may not have access to food, water or electricity for some time.

By taking time now to prepare emergency water supplies, food supplies and a disaster supplies kit, you can provide for your entire family. And don't forget to take your pets and service animals into account.

Take a few minutes to answer these questions:

•Do you have an emergency supply kit that includes water, food, medicines and first aid items for all members of your family, including pets?

•Do you have an emergency plan, and do you practice it with your family regularly?

•Do you know where to find the most up-to-date information about emergency conditions in your area?



Courtesy photo

CONTINUED FROM B-2



federal employment.

Also offered is information on civilian sector opportunities, contractors, resume writing classes, career fairs and opportunities to further your career and education. Call 655-4227 to register. Million Dollar Soldier Refresher — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

22 / Tuesday

Anger & Conflict Solutions — Prevention program is designed for individuals to learn the basics of anger awareness from noon-1 p.m. at SB ACS.

The class will help participants identify their own personal anger cues and ways to de-escalate conflict situations.

Toon Time Matinee — Join SB ACS from 10 a.m.-noon for a free movie, fun and social interaction. Event is for caregivers and their children 0-3. Call 655-4227.

10 Steps to a Federal Job — SB ACS, from 1–4 p.m., hosts this walk-through of the steps

to create an effective targeted federal resume and successfully manage the application process. To sign up, call 655-4227.

23 / Wednesday

Soul Food Day — Enjoy barbecue ribs, fried chicken and catfish, plus other soulful favorites at FS Hale Ikena from 11 a.m.-1 p.m. Call 438-1974.

24 / Thursday

Informal FRG Funds Custodian Training — Held at Nehelani Conference & Banquet Center from 10:30 a.m.-12:30 p.m. for FRG leaders, funds custodians and command representatives to gain a clear understanding of the various funds available and the types of purchases that can be made with each fund.

It also clearly defines the roles and responsibilities of the funds custodian and alternate.

Call 655-4227 for more information about this training opportunity.